

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete program requirements, see the Academic Calendar at [www.dal.ca/calendar](http://www.dal.ca/calendar).

Transfer students or any student with questions about Health Promotion course selection should contact one of the HAHP advisors: **Heidi Tracey Baillie** at [htb@dal.ca](mailto:htb@dal.ca) or **Lindsay Currie** at [lindsay.currie@dal.ca](mailto:lindsay.currie@dal.ca)

| Fall   | Winter   |
|--|--|
| <b>Health Promotion (HPRO) 1000:</b> Introduction to Health Professions<br>Lecture only                                | <b>Health Promotion (HPRO) 2110:</b> Health Promotion Theory<br>Lecture only   |
| <b>Health Promotion (HPRO) 1195:</b> Introduction to Health Promotion<br>Lecture only                                  | <b>Statistics (STAT) 1060:</b> Introduction to Statistics<br>Lecture and Tutorial                                      |
| <b>English (ENGL) 1100:</b> Writing for University *<br>Lecture section 03 and Tutorial (choose one from T09 – T12)    | <b>Open Elective ****</b>  |
| <b>Physiology (PHYL) 1011:</b> Human Physiology 1 **<br>Lecture and Tutorial   | <b>Physiology (PHYL) 1012:</b> Human Physiology 2. **<br>Lecture and Tutorial  |
| <b>Sociology &amp; Social Anthropology (SOSA) 1002:</b> People and Culture<br>Lecture only                             | <b>Sociology &amp; Social Anthropology (SOSA) 1003:</b> Introduction to Sociology<br>Lecture only                      |
| <b>Interprofessional Health Education (IPHE) 4900:</b> Inter-professional Health Education Portfolio ***<br>Section 02 | <b>Interprofessional Health Education (IPHE) 4900:</b> Inter-professional Health Education Portfolio ***<br>Section 02 |

\* **ENGL1100:** Please register for lecture section 03 and choose one tutorial from sections T09-T12. Tutorials do not conflict with class time as they appear in the timetable so do not worry if a conflict between lecture and tutorial appears.

\*\* **PHYL 1011 and 1012** – Students must register for a tutorial along with the lecture. The tutorial is optional so students are not required to attend but you must register for it

\*\*\* **IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Do not be concerned with any time conflicts that show between IPHE 4900 and other courses. Students must register in IPHE 4900 (section 02) every term during the degree program.

\*\*\*\* **Open Elective:** This can be any course of your choice for which you are permitted to register. Students should look through many subject areas in the academic timetable to try to find a 1000 level course in a subject area of interest.